

## HOW TO BEGIN A NEW CAREER IN REFLEXOLOGY

1. To join a current Billion Dollar Industry called Wellness Revolution. Send in your application and deposit to secure your placement.
2. Complete the our Foot Reflexology Program either in-class or via distant learning.
3. Complete the home assignments
4. Carry out the practicum assignment of 60 sessions of Foot Reflexology.
5. Successfully complete the written and practical examinations.

### **CONGRATULATION!**

When you have completed the above five steps, you will be a certified Foot Reflexologist.

You are now able to start working as a Reflexologist with potential income of up to \$70.00 per hour after graduation.

You will also be able to participate in continuing Reflexology studies at an advance level.

## FOOT REFLEXOLOGY

No pre-requisite – our courses are open to everyone 18 years or older, with an interest in joining one the greatest career in the health care industry.

This course can be taken by anyone wanting to know more about reflexology in general, or for practicing health care professionals who'd like to broaden their practice.

After completion, the student will be able to give a full reflexology session. This course is the four-



## Maple Therapeutic College of Canada

# Register NOW!

[www.mapletherapeutic.com](http://www.mapletherapeutic.com)

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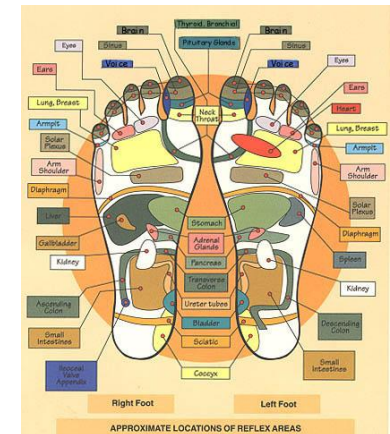
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## REFLEXOLOGY TRAINING COURSES AND PROGRAM INFORMATION

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### *Foot Reflexology Certification Program*



Maple Therapeutic  
College of Canada  
Reflexology  
Certification Program

dition upon which all other advance level courses are based.

Body systems are explained thoroughly and simply, relating points on the body to the corresponding reflexes on the feet.

There are take-home assignments that must be completed in order to be qualified to graduate from the program, which allow for easy review and learning of the body systems and their related reflexology points.

After completion of the theory section, a practicum of 60 properly documented sessions of foot reflexology is carried out in the student's own time. All the necessary forms and information are included in the comprehensive manual.

Successful completion of the written and practical exams, assignments, as well as the practicum will qualify you as a Foot Reflexologist.

### ***HERE'S WHAT YOU WILL LEARN ...***

- How to set up a profitable Foot Reflexology business.
- What is Reflexology, and how does it work?
- Reflexology history from Egypt, China, and India.
- Discover various health conditions found on the feet, and their relationship with the whole body.
- Fascinating way of reading the feet
- Learn a simple and effective Foot Reflexology routine.
- How to take a proper Client Health History.
- Soothing, comfortable and relaxing techniques to promote wellness.
- Tips and hints on how to stay healthy.
- Learn interesting facts on how to promote health, prevent and avoid diseases.

- And much more ...

## **METHOD OF INSTRUCTION**

Our primary method of instruction is a hands-on, interactive lecture/ group discussion style. Videos, focus group, exams, quizzes, and a wide range of hands-on activities are also utilized. Home study is also an important part of the learning process.

## **COURSE DESCRIPTION**

The aim and objective of this program is to give clear guidelines for the student or practitioner learning Reflexology to achieve a level of competency quickly in the field of Foot Reflexology. Material is presented to enable the student to understand the different levels of proficiency required for Reflexology. Various ideas and theories are discussed. Student will acquire knowledge of how effective and relaxing foot reflexology is, and how this benefits a wide range of disorders due from a wide range of stimuli. Completion of this program will enable the Foot Reflexology student to conduct a therapeutic healing session, for all ages, from the very young to the more senior, to the sick and infirm to health individuals.

## **COURSE COMPONENTS:**

### ***FOOT REFLEXOLOGY PROGRAM – 103 HOUR CREDITS***

- Introduction to Reflexology
- Reflexology charts
- History of Reflexology
- The principles

- Zone therapy
- Hypotheses
- Structure of the foot
- Guidelines of the foot
- Hands-on palpation and land-marking techniques
- Reflex points on the foot
- Reflexology techniques
- Anatomy and Physiology for Reflexologist:
- Systems on the body: skeletal – muscular – nervous – cardiovascular – respiratory – digestive – endocrine – urinary – reproductive – lymphatic – the senses
- Safety – contraindications – drug interactions
- Responses to a Reflexology session
- Health record – case taking – record keeping
- Counselling
- Foot check up – evaluation techniques
- Pathologies of the foot
- Foot Reflexology session procedure and sequences
- Professionalism
- Business practices
- Code of ethics
- Exam preparation
- Steps to certification

## **LEARNING OPTIONS:**

1. Student without prior knowledge of Anatomy and Physiology must take the full program in order to qualify for certification.
2. Licensed health professionals, and students with prior knowledge of Anatomy and Physiology (Transcripts required for verification) may take the core components only to qualify for certification.